



YOU ARE NOT
A WEREWOLF

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group

“You are not a Werewolf“

Puberty can really be a curse at times... Like being a werewolf you might say: it feels like full moon forever. Body and mind change, but worst of all: there is nobody preparing you sensibly for this experience.

Fortunately, here comes this programme: “You are not a Werewolf“ - life during puberty. Every 25-minute-episode deals with all those pressing questions about coming-of-age. The hosts will tackle each and every one of them – not only during the show, but also beyond. Reassuring key fact: “Embarrassing” is a word they do not seem to know. Combining humor with expertise, the two presenters will explain how and why our body changes when growing up. They share hints, tips and advice.

The hosts will really answer all those questions teenager face during puberty, no matter how awkward they might seem. Why is there suddenly hair at strange spots? How do I hide an unintended erection? What happens when your voice breaks? How to treat acne? And there is so much more to talk about: love, emotions, friendship, clashes with parents. Watch this programme and puberty will be a piece of cake.

Target group

Teenagers and young adults aged 9 to 15 years

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